

# Family Planning: Every Woman, Every Time

	Antenatal	Birth	Postnatal			Childhood (at least 2 years)		
		0 hours	48 hours	3 weeks	4 weeks	6 weeks	6 months	2 years
<b>Contact Point</b>	ANC Visits	At birth and discharge	Postnatal care visit (scheduled per WHO or national guidelines)			Well child, immunization and nutrition visits		
<b>Family Planning Integration</b>	Exclusive breast-feeding (EBF) and lactational amenorrhea method (LAM); Healthy timing and spacing of pregnancy (HTSP); counseling on PPIUD or, if interested in limiting, postpartum tubal ligation	Initiate immediate and exclusive breastfeeding, LAM, confirm PPIUD or sterilization after timely counseling and informed choice, plus provision of method	Counseling and informed and voluntary choice of method, plus provision of method as appropriate based on breastfeeding status and timing of PP method initiation, EBF/LAM			Counseling and informed and voluntary choice, plus provision of method		
<b>Provider</b>	Skilled birth attendant (SBA), ANC provider, and/or dedicated counselor	SBA, linked provider, or referral	SBA, linked provider, or referral			EPI or MCH worker, or linked or dedicated provider		
<b>Community</b>	Pregnancy identification by CHWs and referral for ANC, danger signs Birth preparedness/complication readiness, introduce postpartum family planning Enrollment in breastfeeding/LAM support groups	Notification of births First home visit for PNC, referral for danger signs Support for EBF/LAM, including support groups	Additional PNC home visits, referral for danger signs EBF support, LAM advice Provision of condoms			EBF support, LAM advice up to 6 months, emphasize fertility will return prior to menses return as baby starts complementary food, mother still needs to breastfeed, but to prevent another pregnancy should start FP  Community-based distribution of condoms and hormonal methods as appropriate given infant age/lactation (i.e., no combined hormonal contraception before 6 months)		

